CENTRAL CITY SOUTH

A COMMUNITY FOR ALL AGES

IUNA COMUNIDAD PARA TODAS LAS EDADES



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Under the Americans with Disabilities Act, PRC must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means that if necessary, PRC must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that PRC will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance it at all possible. Please contact PRC at 602-253-6895.

Según la Ley para Americanos con Discapacidades (ADA), PRC tiene la obligación de realizar esfuerzos razonables para facilitar que las personas discapacitadas puedan participar de los programas, servicios o actividades. Esto quiere decir, por ejemplo, que PRC debe proveer intérpretes de lenguaje de señas para las personas sordas, una localización accesible por silla de ruedas, o materiales impresos en letra agrandada. También significa que PRC hará un esfuerzo razonable para que usted pueda participar en una actividad o comprenderla, incluyendo cambios razonables en la actividad. Si usted cree que no podrá entender una actividad o participar en ella a causa de su impedimento, por favor, comuníquenos de anternano su impedimento si le es posible. Por favor, llame a PRC al 602-253-6895.

Harmon Park: From New York to Phoenix

Harmon Park was one of many parks endowed by the Harmon Foundation Inc. located in New York City, New York. The foundation was initially named after the founder and philanthropist, William Elmer Harmon. Harmon was a Caucasian real estate magnate in the early 1920's. His passion was for less fortunate and he gave money to increase the opportunities of African Americans in the Arts in New York. The foundation eventually dispersed monies all over the nation for parks, cultural centers and other worthwhile ventures.

Harmon Park in Phoenix, Arizona is an important center of recreation for both the Hispanic and African American communities that was built in the early 1930's and stands as an Arizona Historic Landmark. The City of Phoenix bought two acres of land from the Harmon Foundation of New York, with the condition that it was to be used for playground and recreational purposes. The park was developed following a \$1.9 million bond issue approved by Phoenix voters in December 1933. After the bond election, the City immediately requested proposals from land owners for the purchase of new park lands. An additional nine acres was acquired for Harmon Park at this time with assistance from the federal Public Works Administration (PWA). Several improvements were completed to make Harmon Park a "Class B" district park serving the south side of Phoenix. ("Class A" parks were large regional parks, "Class B" parks were mid-sized district parks, and "Class C" parks were small neighborhood parks.) Playground facilities, a wading pool, one baseball field, two softball diamonds, and horseshoe courts were completed by 1936. A second bond issue approved in November 1948 led to additional improvements at Harmon Park. The Parks Board's 1948 plan proposed \$250,000 for new community houses at both Harmon and Eastlake parks that would include indoor gymnasiums, kitchens, social rooms, workshops and offices. Members of the American Legion Post 41 Women's Auxiliary canvassed the neighborhoods to encourage residents to vote for the bond issue. By 1957, the work had been completed, and amenities at the park included a pool, picnic area, playground, community house with gymnasium, basketball courts, and ball fields with a vending/ticket building.

Character-defining features of the property included the following:

- Mid-sized park (approximately 11 acres) developed for recreational use;
- Mature vegetation with grass, shrubs and trees;
- Outdoor swimming pool;
- Community house with gymnasium;
- · Ball fields:
- Vending/ Ticket Building.

The park has good integrity in spite of alterations that have taken place over the years. Some new features have been added, but they do not detract from the overall integrity of the park. The Moderne-style community house (built in 1950) is still generally intact, although the front entry and interior were remodeled in 1990. The Harmon Library, which opened in 1950, was remodeled in 1984 and 2001. In August 2009 the library was torn down and rebuilt on a portion of the park located less than 100 yards west of the existing library building, at the southeast corner of 5th Avenue and Yavapai Street.

The park is currently enjoyed by a culturally diverse population of Caucasian, Asian, Latino, and African Americans and has two separate sports fields, one that serves the general public as a reservable field, baseball, flag football, and soccer are enjoyed on the large field. The other field is much, much smaller and is used primarily for City of Phoenix youth sports (kickball, tee-ball, etc.) in collaboration with the Marcos De Niza neighborhood and is not reservable to the general public. The park has a tennis court, racquetball courts, a garden, and an area for poetry or musical recitals. The park still has recreation center and gymnasium, gymnasium is a gathering place for some of the best basketball talents in the state of Arizona. The facility also has several other amenities such as a weiaht multi-purpose room, room, kitchen. performance stage, etc. Harmon Park is a historical place to visit in the downtown area of Phoenix.



Central City South Residents and Stakeholders—Everyone is invited

Community Action Team Meeting - CAT

"Fighting blight and crime together, connecting our community"

Thursdays 5:30-7:00 p.m. / Emmett McLoughlin Community Training and Education Center 1150 S. 7th Avenue (NW Corner / 7th Avenue & Buckeye Road - Light refreshments will be served

5:30 PM - 7:00 PM



April 10, 2014

City of Phoenix 2014-15 **Budget**

Our tax dollar at work. Come have a voice!

May 8, 2014

Celebrating
National Police
Week!

Presentations/Services Crime updates Special announcements



Facilitated by Phoenix Revitalization Corporation info@phxrevitalization.org / Office: 602-253-6895



Supported by:



Looking for an Affordable Apartment to rent?

If you are in need of an affordable apartment to rent, please visit our web-site at www.phxrevitalization.org or call Phoenix Revitalization Corporation (602) 253-6895.

We can provide you with a list of rental properties and qualification guidelines.

Affordable Housing List Disclaimer:

Phoenix Revitalization Corporation is neither affiliated nor endorses any of these properties.

Property owners establish their own rental guidelines, according to state and federal law, and have the right to decline your application to be a tenant if you do not meet their qualifications.



Silent Witness is a Metro Phoenix program designed to provide you with an anonymous means of providing police with information on non-drug felony crimes you have witnessed or may have knowledge of. If you provide information that leads to the arrest of a criminal or outstanding fugitive, you may be eligible for a cash reward of up to \$1000.00. Note that some unsolved crimes have reward amounts greater than \$1000.00, paid for by friends, family, or victim reward funds.

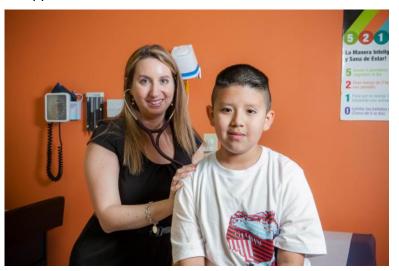
To be eligible for cash rewards of up to \$1000.00, you must call to obtain a secret code!

Dedicated doctor treats body and mind of children

By Kurt R. Sheppard

A framed picture of a young boy hangs over Dr. Anne Young's desk at Valle del Sol's *Mi Salud* clinic in Phoenix. While many professionals reserve that space for family photos or degrees, Young, D.O., includes patients who have made a significant impact during her time as a physician.

Since starting consultations in July 2012, Dr. Young, a board certified pediatrician, has treated the boy for numerous medical conditions including asthma, seizures, developmental delays, autism, ADHD and weight issues. In that time, Dr. Young has been able to improve the young patient's condition through implementing various interventions alongside treatment including speech and occupational therapies.



A native of Phoenix, Dr. Young has worked at the clinic for over a year after returning home from doing her residency in Georgia, bringing the same dedication and expertise to every patient that she brought to the young boy.

Dr. Young always knew she would come back to the state she grew up in, wanting to build a life with her husband.

Luckily, she found the perfect place to help her achieve that goal while practicing medicine and serving working with underserved communities at Valle del Sol. As one of the few integrated physical and behavioral health clinics in the country, its philosophy matches with her idea of wellness in treating the whole body and not just physical ailments.

"The body can't live without the mind," she says.

While many wander into their 20s searching for what they want to do with their lives, Dr. Young has always been pulled toward a career in medicine from the early age of 12, after being fascinated and inspired in her 7th grade science class. Combine this fascination with the ability to change the world and the desire to work with kids, and the decision to attend medical school was an easy one to make.

While attending Midwestern University, it was common for many other students to initially study pediatrics before deciding otherwise and moving to another specialization; for Dr. Young, she was clear about her intentions from the beginning and her time in pediatrics simply solidified her decision to help children enjoy healthy, productive childhoods.

The dedication she showed in school has only increased with the introduction of her patients. The excitement Dr. Young shows over the noise maker that helps calm autistic patients in one of the exam rooms or a magnet that helps patients remember when to get the next round of vaccinations for HPV is palpable.

When not working at the clinic or applying for grants to start new initiatives and programs, she can often be found volunteering at local hospitals. In addition to treating any concerns the patient has, Dr. Young also attempts to teach them about general wellness including healthy eating and smart lifestyle choices.

In a clinic already filled with dedicated doctors and technicians that work tirelessly to ensure their patients leave their offices healthier and better educated, Dr. Young stands out as a professional that is serving to make her community a better place to live.

Mr. Sheppard is chief executive officer of Valle del Sol, a health care nonprofit organization that combines primary care and mental health services for an integrated approach to treat the whole person—mind, body and spirit.

/alle del Sol





HealthLinks Linking Today's Families to a Healthy Tomorrow



Are You Uninsured?



Our program can help you apply for AHCCCS, Marketplace, Food Stamps and other needed services for you and your children!

Walk in/Appointments available with Janet Viloria from Phoenix Day HealthLinks at listed Goodwill Sites.

Please be prepared to bring original documents for persons applying for program.

Call or email Janet Viloria for more information at 602.252.4911x104 or iviloria@phoenixday.org.

Every Thursday in February Goodwill Metro Career Center 3514 W. Peoria Ave Phoenix, AZ 85029 602.535.4422

Every Thursday in March Goodwill Southwest Career Center 515 N. 51st Ave Phoenix, AZ 85043 602.513.8420



Estudio del Impacto en la Salud relacionado con el Transito en los Vecindarios del Sur Centro

Como se mueve la gente dentro de un vecindario, ciudad o region cambia cómo las personas y las familias son capaces de encontrar comida saludable, cuidarse la salud, y hacer suficiente ejercicio. Valley Metro está estudiando la construcción de una línea de metro ligero en los barrios del Centro Sur de Phoenix y esta analizando

como el tren ligero podría cambiar la salud de la comunidad.

Si usted vive entre McDowell Road y Dobbins Road y la Avenida 16 hasta la calle 16, NECESITAMOS SU AYUDA!

Tómese 10' para completar una encuesta comunitaria sobre la salud de su familia y su uso de transporte. La encuesta está disponible en www.saguaroevaluation.com / scnthia - surveys.html hasta el 4/18!

Para obtener información adicional sobre el proyecto: Sitio Web: www.azHIP2.org.

Este proyecto es apoyado por una beca del Proyecto de Impacto en Salud , una colaboración de la Fundación Robert Wood Johnson y The Pew Charitable Trusts. Las opiniones expresadas son las de los autores y no reflejan necesariamente los puntos de vista del Proyecto de Impacto en la Salud , la Fundación Robert Wood Johnson y The Pew Charitable Trusts.



South Central Neighborhoods Transit Health Impact Assessment (SCNTHIA)

How people move around a neighborhood, city or region shapes how people and families are able to find healthy food, get to healthcare, and get enough exercise. Valley Metro is looking into building a light rail line into South Central Phoenix neighborhoods from downtown Phoenix. The South Central Neighborhoods Transit Health Impact Assessment (SCNTHIA) team is look at how extending the light rail system into this community might change the health of the community.

If you live between McDowell Road to Dobbins Road, and 16th Avenue to 16th Street, WE NEED YOUR HELP!

Please take 10 minutes to complete a community survey about the health of your family and your transportation usage.

The survey is available at <u>www.saguaroevaluation.com/scnthia-surveys.html</u> until 4/18!

For additional project information: Website: www.azHIP2.org.

This project is supported by a grant from the Health Impact Project, a collaboration of the Robert Wood Johnson Foundation and The Pew Charitable Trusts. The opinions expressed are those of the authors and do not necessarily reflect the views of the Health Impact Project, Robert Wood Johnson Foundation or The Pew Charitable Trusts.

MEMORIAL DAY 2014 PIONEER AND MILITARY MEMORIAL PARK

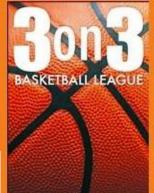
MAY 26, 2014

Come share a historic view of Memorial Day with our guest speaker Marshall Trimble, Arizona's Official State Historian. Various groups participate in period dress with gun and cannon salutes. Starting 9 am at the Pioneer & Military Memorial Park, 1317 W. Jefferson St, Phoenix, AZ.



www.azhistcemeteries.org







Register online at www.centralparkphx.org or come to registration on April 12, 2014 from 1:00pm - 2:00pm. All registrations must be submitted and paid for by the April 19, 2014 Kick Off Meeting! Get a team together or sign up as an individual and bring your game to the court! FEE: \$15 per 3 player team or \$5 per individual.



SIGN UP TODAY! 602-162-6798 LSILVA@PHOBNIXDAY.ODG





THESDAY 6:00PM-7:00PM
THUTZSDAY 6:00PM-7:00PM

\$3 DONATION TO
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140 EAST TONTO ST

PHOENIX DAY











Are You a Grandparent or Relative providing Care for Children ages 0-5 with an incarcerated parent?

We can help you!

We will connect you with Community Resources, Family Support and Parent Cafés where you can talk about your experiences with others.

Contact us!

Find out how we can help you.

Deborah Merriweather
Coordinator
Unlimited Potential
480-309-2715

Santo Rodriguez
Coordinator
Landrum Foundation
602-237-6030

Es usted Abuelo, Abuela o otro pariente al cuidado de niñas o niños de 0 a 5 años que tienen padre de familia encarcelado?

¡Nosotros Podemos Ayudarle!

Nosotros proporcionamos recursos comunitarios, apoyo de familia y Cafés de Padres donde podrá compartir sus experiencias con otros.

¡Conéctese con nosotros para saber cómo podemos ayudar!

Verónica Peña en
Unlimited Potential
480-305-4740
Para recibir información

Deborah Kidd Chapman, The Landrum Foundation 602-237-6030

Audubon ARIZONA

Migration Celebration: April 12 & 13, 10am-2pm

Audubon's annual spring festival! Live animals, crafts, native plant sale and fun for the whole family!

Earth Day Egg Hunt: April 19, 10am -1pm

Hunt for eggs! Learn about nests & how you can help birds



An evening of stories about the monarch butterfly and other pollinators. Co-sponsored by Arizona Interfaith Power & Light.





Nina Mason Pulliam Rio Salado Audubon Center

Open Tuesday through Sunday 9am-4pm (Closed Mondays)

No Admission Fee

3131 S. Central Ave. Phoenix, AZ 85040

Phone: (602) 468-6470 Fax: (602)468-6480 www.riosalado.audubon.org

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APRIL 10, 2014 10 AM - 6 PM





Vista College Preparatory is located at 812 S. 6th Avenue in Central City South. They recently received a new playground. Take a ride by the school and see what a great addition it will be for the students. Executive Director, Julia Meyers would like to extend her appreciation to Kaboom, the Shutterfly Foundation and the many volunteers who made this happen. For more information on Vista College Preparatory go to: www.vistacollegeprep.org

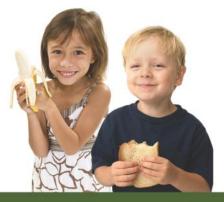


Summer Food Service Program Kids & TeeNS Eat Free

Reaching out to schools, community centers, churches, health centers, neighborhoods groups & more

Kids Cafe® is St. Mary's Food Bank Alliance's meal-service program that provides Arizona children with what is often their *only meal of the day*. When 1 in 4 of our kids are at risk of going hungry tonight, a nutritious meal served in a safe, accessible and nurturing environment is an investment into our kids and our community.

We hope to collaborate with partners like you to provide free, healthy meals in the summer.







Will you join us to ensure that no child goes to bed hungry?

To join with us, please contact Kids Cafe Community Program Manager, Terra Masias at:

(602) 343.3124 or email tlmasias@firstfoodbank.org.

Air Quality in Phoenix and Central City South

Part One: Getting Daily Information about Air Quality
By Katelyn Parady - katelyn.parady@asu.edu

The air in Phoenix is polluted with exhaust, dust, ozone, and other kinds of emissions that can harm your health. Over the next few months, the Community Action Team newsletter will include a series of articles about air quality in Phoenix and Central City South and how you can get involved in protecting your family, yourself, and your neighborhood. This month, we'll start by talking about how to get more information about bad air quality days in Maricopa County.

If you suffer from breathing problems or if your children or grandchildren have asthma, you may have noticed these health issues can be worse on certain days and during different times of year. To help you track how clean or polluted the air is every day, the government ranks the air quality as "good", "moderate", "unhealthy for sensitive populations", or "unhealthy". Each ranking comes with recommendations. For example, if the day ranks as an "unhealthy" air quality day, everybody should try to stay inside, and restrictions are put in place on things like leaf blowers and making fires. If it is a day that is

"unhealthy for sensitive people", then people who might be at greater risk should try to stay inside, like children or adults who have respiratory troubles or heart disease. Restrictions might be in place on those days, too.

Some schools in Phoenix put out colored flags every day that reflect these rankings: for instance, a red flag could mean the air that day is "unhealthy". If you have kids or grandkids, ask if their school participates! You can also see today's and tomorrow's air quality rankings and learn about high pollution advisories online at www.cleanairmakemore.com or in Spanish at www.cleanairmakemore.com/es.Visit these sites to subscribe to receive alerts by text message or email, or to download an air quality app for your phone.

Finally, listen to air quality forecasts over the phone by calling 602-771-2367 or find a detailed scientific breakdown of the day's pollution forecast online at http://www.azdeq.gov/environ/air/ozone/ensemble.pdf.

Arizona Facts Of Life 4th Annual College Tour Fundraiser

Saturday, April 12th 1:00-4:00pm & Sunday April 13th 9:00-11:00am

Come join us for our fundraiser yard sale! Feel free to bring your things and help us raise money for the girls college tour. Any and every household items including clothes would be greatly appreciated.

Facts House 1001 East Fairmont Ave. Phoenix, AZ 85014





THURSDAY, MAY 1ST, 2014 TROON NORTH 10320 E. DYNAMITE BLVD. SCOTTSDALE, AZ 85262

6:30AM

REGISTRATION/BREAKFAST/CALLAWAY CONCEPT SHOP

8:00AM SHOTGUN START

12:30PM

LUNCH, COCKTAILS, AWARDS, SILENT AUCTION AND RAFFLE DRAWING



BENEFITTING FRIENDLY HOUSE EDUCATION & YOUTH PROGRAMS

April - May, 2014 Summer Reading Program for All Ages! Starts May 29! (May 29 - July 26, 2014)

CHILDREN:

Family Storytime – Weekly (Ages birth to five with caregiver)

Tuesdays, 5:15-6:00pm

Children birth to five accompanied by a caregiver. Have fun sharing books, fingerplays, songs, flannel board stories, and more. Learn tips to build a foundation for reading including using interactive reading activities.

Library Explorers - Weekly (Ages 7-11)

Thursdays, 4:00-5:00pm

Enjoy interesting and fun afterschool activities like fun with STEM (science, technology, engineering and math), building with Lego blocks, games, and more!

Young @ Art - Weekly (Ages 5-11)

Saturdays, 1:00am - 2:00pm

Come get creative with an easy arts and crafts project for children. Younger children may need caregiver assistance.

TEENS (Ages 12-18):

Club Harmon – Biweekly, 1st and 3rd Wednesdays (Ages 12-18)

1st and 3rd Wednesdays, 4:00-6:00pm

Wednesday, April 2 Wednesday, April 16 Wednesday, May 7 Wednesday, May 21

Play Wii, Guitar Hero, or watch a movie.

ADULTS:

Discover Your Family History – Monthly, 2nd Saturday

2nd Saturday of the month, 11:00am - 1:00pm Saturday, April 12 Saturday, May 10

Need direction in researching your family background? The Black Family Genealogy & History Society is here to help. All are welcome to attend this monthly meeting where members share their research techniques, family stories, and experiences. ALL ethnicities are welcome.

PhoenixWorks

FREE online resume help, career training and more!

Here's a great resource to help you at every stage of the job-seeking process. Log on to phoenixpubliclibrary.org and click on PhoenixWorks to find information about

- applying for unemployment benefits
- finding the nearest local workforce center
- writing a resume or cover letter
- getting ready for an interview
- online job-searching
- effective networking

Harmon Library

Abril - Mayo, 2014 El Programa de Lectura para el Verano -Para todas las edades ¡Empieza el 29 de mayo! (El 29 de mayo al 26 de julio, 2014)

NIÑOS:

Hora de cuentos para familias – Semanal (Para niños hasta 5 años)

Los martes, 5:15 - 6:00

Programa presentado para niños recién nacidos hasta 5 años acompañados por una persona mayor. Diviértanse con sus niños por medio de actividades, lecturas, canciones, juegos de dedos, cuentos relatados con pizarra de fieltro, y más. Aprendan pistas para crear una base para la lectura, incluso actividades interactivas de lectura.

Los Aventureros - Semanal (Edades 7-11) Los jueves, 4:00-5:00pm

Disfrute una nueva actividad cada semana después de la escuela: actividades divertidas de STEM (ciencia-tecnología-ingeniería-matemáticas), construcción con bloques plásticos Legos, juegos, v más!

"Young @ Art" (Arte para los niños) Semanal (Edades 5-11)

Los sábados, 1:00am - 2:00pm

¡Use sus fuerzas creativas haciendo proyectos de arte y manualidades sencillas! Para niños de 5 a 11 años. Los niños más jóvenes necesitarán la ayuda de una persona mayor.

ADOLESCENTES (De 12-18 años)

Club Harmon - El primer y el tercer miércoles del mes Miércoles, el 16 de abril

4:00-6:00pm

Miércoles, el 2 de abril

Miércoles, el 7 de mayo

Miércoles, el 21 de mayo

Juega Wii, Guitar Hero, o mira una película.

ADULTOS:

Descubra Su Historia Familiar – Mensual, El segundo sábado del mes

El segundo sábado del mes

11:00am - 1:00pm

Sábado, el 12 de abril

Sábado, el 10 de mayo

¿Le hace falta dirección en la búsqueda de información acerca de sus antepasados? La sociedad "Black Family Genealogy & History Society" está para servirles. Todos están invitados a asistir a la reunión mensual en la cual los miembros comparten sus métodos de investigación, sus cuentos familiares, y sus experiencias en hacer sus búsquedas. Abierto a personas de cualquier grupo étnico.

PhoenixWorks

¡GRATIS ayuda de curriculum vitae en línea, formación de carrera y más!

Aguí está un gran recurso para ayudarle en cada etapa del proceso de búsquedas de empleo. Inicie al sitio phoenixpubliclibrary.org y haga clic PhoenixWorks para mas información sobre:

- · solicitando beneficios de Seguro por Desempleo
- · encontrando recursos locales para ayudar con las búsquedas de empleo
- · currículum vitae y cartas de presentación
- preparación para entrevistas
- búsquedas de empleo en linea
- · gestión de redes eficaz

Volunteer Day

Saturday, April 19, 2014 8:00 AM - 1:00 PM

Bring your garden tools and join your neighbors at the community garden adjacent to Grant Park!

Help beautify the area by laying down mulch and planting new vegetables. Learn more about getting involved and sign up for a raised garden bed to grow healthy fruits and vegetables for your family to enjoy.

Refreshments and lunch will be provided!



For more information contact Mary at:

Phone: (602) 339-5902 Email: mary.ct3@gmail.com

The garden project is supported by:

Grant Park Neighborhood Association Phoenix Revitalization Corporation Recycled City



