

CENTRAL CITY SOUTH

A COMMUNITY FOR ALL AGES

UNA COMUNIDAD PARA TODAS LAS EDADES

YES!

PROPOSITION 104

is the comprehensive “all-of-the-above”
transportation initiative to keep Phoenix competitive
and preserve our quality of life as we grow

 YES ON 104

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Under the Americans with Disabilities Act, PRC must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means that if necessary, PRC must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that PRC will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance if at all possible. Please contact PRC at 602-253-6895.

Según la Ley para Americanos con Discapacidades (ADA), PRC tiene la obligación de realizar esfuerzos razonables para facilitar que las personas discapacitadas puedan participar de los programas, servicios o actividades. Esto quiere decir, por ejemplo, que PRC debe proveer intérpretes de lenguaje de señas para las personas sordas, una localización accesible por silla de ruedas, o materiales impresos en letra agrandada. También significa que PRC hará un esfuerzo razonable para que usted pueda participar en una actividad o comprenderla, incluyendo cambios razonables en la actividad. Si usted cree que no podrá entender una actividad o participar en ella a causa de su impedimento, por favor, comuníquenos de antemano su impedimento si le es posible. Por favor, llame a PRC al 602-253-6895.

IMAGINE SOUTH PHOENIX....

MORE LIVABLE As our population increases, expanding light rail and bus service, as well as improving our aging streets, will provide residents access to practical transportation choices and reduce traffic congestion.

MORE EDUCATED One-in-three Phoenix riders are students getting to class. This plan will connect ASU West, Grand Canyon University, U of A Medical School, ASU Downtown and ASU Tempe by light rail and bus. Connecting students to the classroom is great for our students, our workforce, and our economy.

MORE CONNECTED Lower-income families, those without cars, seniors or individuals with disabilities rely on public transportation to get to work, a training program or school, and the grocery store. It provides many people with the opportunity to live independent, dignified lives where they are able to stay in their own homes.



**MOVE
PHX**

Phoenix's population is expected to nearly double over the next 30 years. We have to be wise enough today to plan for tomorrow — and be smart about how we grow.

The MovePHX initiative is an “all-of-the-above” transportation strategy that expands light rail and bus service and improves our aging streets.

It is valuable for all of us and is critical to growing our economy and creating good jobs. For just a penny more on a \$3 cup of coffee, we can build the transportation infrastructure we need.

PROP 104 WILL:

- Extend light rail to Central and Baseline
- Build out major streets with sidewalks and bike lanes throughout Laveen and Estrella villages
- Expand bus service and frequency by 70 percent with longer hours and increased frequency — 15 minutes on major routes at peak hours
- Expand regular bus service to all major streets in southwest Phoenix
- Crosstown Bus Rapid Transit with fewer stops and faster boarding on Baseline Road, 24th St., and 19th Avenue or 35th Avenue

VOTE YES ON PROP 104

FOR MORE INFORMATION VISIT
MOVEPHX.ORG



MovePHX



movephx



move_phx

Paid for by MovePHX in Support of Proposition 104. Major funding provided by: We Build Arizona, Phoenix; McCarthy Building Company, St. Louis, MO; Arizona Chapter Associated General Contractors of America, Phoenix; Arizona Cardinals Football Club, Tempe.

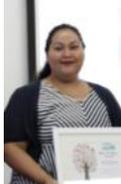
BOARD OF DIRECTORS 2015 AWARDS

On Wednesday, June 24th Phoenix Revitalization Corporation (PRC) held their “Lunch with Friends” event hosted by Maricopa Skill Center at 1245 E. Buckeye Road, Phoenix, AZ. During this event several partners and residents received awards for their contribution to PRC’s mission. “Revitalizing Neighborhoods, Connecting Generations”.



HIGH IMPACT AWARD—HOUSING AUTHORITY OF MARICOPA COUNTY

For bringing recognition, resources, preserving the history and improving the quality of life for a Central City South neighborhood. Gloria Munoz, Executive Director, Project: Coffelt-Lamoreaux Housing Rehabilitation at 19th Avenue and Buckeye Road. To learn more about the project contact: g.munoz@maricopahousing.org



RISE AND SHINE AWARD - ALEXIS GALAVIZ / CENTRAL PARK NEIGHBORHOOD

For outstanding contribution to a neighborhood to establish and/or build leadership and a voice. Alexis Galaviz re-organized the Central Park Neighborhood Association and was elected the Chair for the group. You can reach them at: centralparkneighborhood@gmail.com



COMMUNITY SPIRIT AWARD - TONTO CHURCH OF CHRIST

For continued and active engagement in the community on projects that will improve the quality of life for residents and stakeholders by a faith based group. Accepting was Juwan Dobbins Church Member. Learn about their new building at 11th Avenue and Buckeye Road: www.tontochurchofchrist.com



COMMUNITY HEART AWARDS - HELLENE MCGRIFF AND VANGIE MUELLER

For over a decade of volunteer service as a resident leader to make community transformation possible. Hellenne McGriff, I.G. Homes Neighborhood Fightback and Vangie Mueller, Grant Park Neighborhood Fight Back. Pictured: Left to right—Hellenne McGriff, Eva Olivas (PRC Executive Director/CEO), Vangie Mueller and Kendra Lee (PRC Board Chair)



COMMUNITY PARTNER AWARDS - DOWNTOWN PHOENIX, INC. AND DOWNTOWN VOICES COALITION and ARIZONA PUBLIC SERVICE

For community partners who advocate for our work, connect us to opportunity and share the vision of preserving neighborhoods in Phoenix. Pictured from left to right: Dave Krietor-DPI, Jim McPherson-DVC and Monte Anderson-APS



DREAM TEAM AWARD - SIZZLING SAFE SUMMER CAMPAIGN SPONSORS

The goal of this event is to provide information, resources and activities that promote heat safety thereby reducing heat related ailments and possibly death. This team came together to deliver this message.

Sponsored by: City of Phoenix Parks and Recreation and Aquatics Departments, Health Choice, Gateway Community College, Maricopa Skill Center, Goodwill, SRFD, Grant Park Fight Back, DJ Tranzo

“Lunch with Friends”

Wednesday June 24, 2015



PRC Board Chair
Kendra Lee, APS



PRC Founding Board Member
Elisa De la Vara



PRC Board Vice
Mara de Luca Funke



Great Company!



PRC Board Member
Julian Sodari, Sr.



Right to Left

Jeanne Kainec,
Capitol Gateway Kiwanis

Sue Moyer,
Capitol Gateway K-Kids

Richard Abril,
La Canasta Restaurant

Luis Miranda,
PRC Board Member



Residents and Police
Sharing stories



Great food by
Titina's Catering

**SPECIAL THANK YOU TO MARICOPA SKILL CENTER
FOR HOSTING OUR EVENT ON YOUR BEAUTIFUL CAMPUS!**

E. Mari Herrera-Daniels joins the staff at Phoenix Revitalization Corporation



Phoenix Revitalization Corporation (PRC) is pleased to announce and welcome E. Mari Herrera-Daniels as the Director of Programs and Community Affairs. In her new role, Herrera-Daniels will oversee projects in the Canyon Corridor Core area and connect with community leaders, business alliances, and elected officials to expand the work of PRC.

"I am very excited to have E. Mari join our team," said Eva Olivas, Executive Director of PRC. "Her service and commitment to improving

the quality of lives of others is a character trait that we value at PRC and aligns with the goals and mission of our organization. E. Mari's experience is a gift which will help us promote PRC's vision for people to live in healthy, safe, culturally vibrant and thriving communities. I know E. Mari is the right person to assist in carrying our work forward."

Herrera-Daniels comes with over 15 years of experience in program development and public affairs. She recently created an after school enrichment program for children with special needs in the Laveen Elementary School District. From 1997 to 2015 she served as a senior staff member for then-U.S. Representative Ed Pastor. Herrera-Daniels was Congressman Pastor's campaign manager, community liaison, and most recently, Director of Constituent Services and Internship Program.

Herrera-Daniels offers service leadership to social and civic causes. She created a multicultural and intergenerational mentor program to provide guidance and mentorships for disenfranchised young men at the Glendale Community Center. She inaugurated an annual conference to prepare middle school Latina girls to pursue positive educational and healthy lifestyle choices, and co-founded Girl Scouts Special Troop 2760, the country's first and only Girl Scout Troop for girls with special healthcare needs. She served on the board of Labor's Community Service Agency, the Arizona Statewide Independent Living Council as a Governor's Office appointee, and board member for the Sevilla Court Home Owners Association.

"I am honored to be joining the staff of Phoenix Revitalization Corporation, a respected community organization truly committed to improving the quality of life for current residents and future generations," said Herrera-Daniels. "As a new team member, I am proud to be included in the effort of neighborhood revitalization and civically engaging residents so they can be active participants on issues affecting their lives and community. I look forward to promoting PRC's stature and as opportunities unfold to assist in creating sustainable partnerships for Central City South, Canyon Corridor Core, and the Greater Phoenix area. "

Herrera-Daniels holds a Bachelor of Arts degree from University of Arizona and recently completed courses in non-profit management from the Non-Profit Management Institute at ASU and the Arizona Non-Profit Academy. She joined the PRC staff on June 18, 2015.





Schools in Central City South

Phoenix Revitalization Corporation welcomes students and teachers back to school. Our best wishes for a happy, healthy, and successful 2015-16 school year.

Bethune Elementary School

1310 S. 15th Avenue
602-257-3830

www.phxelem.k12.az.us

Dunbar Elementary School

707 W. Grant Street
602-257-3844

www.phxelem.k12.az.us

Lowell Elementary School

1121 S. 3rd Avenue
602-257-3902

www.phxelem.k12.az.us

Vista College Preparatory

812 S. 6th Avenue
602-374-7159

www.vistacollegeprep.org

Arthur M. Hamilton Elementary School

2020 W. Durango Road
602-353-5331

www.msdaaz.org

Herrera Elementary School

1350 S. 11th Street
602-257-3885

www.phxelem.k12.az.us

Friendly House- Academia del Pueblo

201 E. Durango
602-416-7328

www.friendlyhouse.org





VISTA

COLLEGE PREPARATORY

We have just finished our second year of operation and our scholars have once again proven that demographics do not determine destiny. With an incredible team of board members, staff, teachers, parents, and supporters like you, Vista College Prep scholars continue to show what is possible in education!

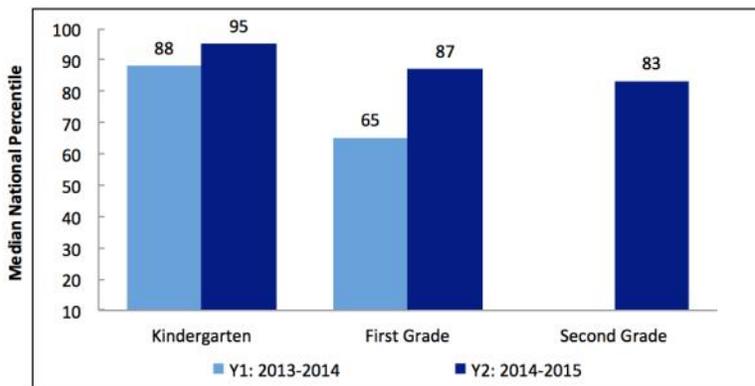
This past year Vista College Prep scholars achieved an average of **1.4 years of literacy growth** as measured by the STEP assessment. In the last two years, our scholars have achieved three years of literacy growth!

In addition, Vista College Prep scholars **dramatically exceeded** the national median on the nationally-normed TerraNova assessment (and beat all of our scores from last year!).

On top of the game-changing academic results, Vista College Prep hit another milestone with the purchase and renovation of our school building. With a determined team who is fully committed to our mission and vision, our brand new building will be ready to welcome over 180 K-3 scholars for the 2015-2016 school year. We wish everyone in the Central City South community a wonderful school year!

We are so grateful to be part of the amazing Central City South community and look forward to another year where we can continue to make a positive contribution through the strong academic achievements of our students.

End of Year K-2 TerraNova Results (Median of Reading and Math Scores)





www.facebook.com/PhoenixDayOrg



www.twitter.com/PhoenixDayOrg

Now Enrolling

Celebrating 100 Years!

Since 1915, we have made a commitment to the children and families of south Phoenix to provide a foundation for lifelong learning and healthy living. We continue to improve our services to meet the highest quality industry standards.



- **Ages 6 weeks - 5 years**
- **Low teacher-child ratios**
- **Dual language English-Spanish program**
- **Large playground with garden**
- **Diverse, multicultural environment**
- **Accredited by National Accreditation Commission (NAC)**
- **4-STAR Quality First! rating**



Convenient location (1 block north of Buckeye)

Minutes from downtown Phoenix!

Hours: 6:30am - 6pm

Monday - Friday

115 E. Tonto St., Phoenix, AZ 85004

**For more information about enrollment and discounts
call 602-252-4911 or visit www.phoenixday.org**

- Licensed by AZDHS, Office of Child Care Licensing -
- DES accepted -



Planet Recycling, Inc.

A Central City South Business Partner

Did you know used carpet and pad can be recycled? Most of it can be recycled and the only Carpet America Recovery Effort (CARE) certified recycling partner in Arizona is right here in Central City South. Planet Recycling, Inc. accepts used recyclable carpet from local residents and businesses. All you have to do is bring your carpet and pad to Planet Recycling, Inc. They will determine if the

carpet can be recycled, if the carpet is not recyclable they can dispose of the carpet for less than if you had to take it to the dump. And as long as the pad is dry it is 100% recyclable. Once you recycle your carpet and pad you can shop their state-of-art-showroom for quality carpet and flooring with over 50 styles in stock. Planet Recycling also has:

•Flooring Installation Tools, Supplies, and Pad

•Budget Prices on Roll-Off Container Rental and Dumpsters Rental



**30+ Years of Commercial / Residential
Carpet Recycling Experience**

Thank you Planet Recycling, Inc. for your continued support of Central City South



Silent Witness is a Metro Phoenix program designed to provide you with an anonymous means of providing police with information on non-drug felony crimes you have witnessed or may have knowledge of. If you provide information that leads to the arrest of a criminal or outstanding fugitive, you may be eligible for a cash reward of up to \$1000.00. Note that some unsolved crimes have reward amounts greater than \$1000.00, paid for by friends, family, or victim reward funds.

To be eligible for cash rewards of up to \$1000.00, you must call to obtain a secret code!

Sizzling Safe Summer

2015 POOL PARTIES

- Grant Park
- Alkire Park
- Harmon Park
- Eastlake Park
- Coronado Park
- University Park



Watch our video slideshows at www.youtube.com/phxrevcorp



Additional Supporters: Action Material Handling - Capital Kiwanis - Capital Kiwanis K-Kids
 Grant Park Fight Back - La Canasta Mexican Restaurant - Miranda Customs - DJ Tranzo - Mil Services Inc.



girl scouts
arizona cactus-pine

Girl Scouts Build a Camp for the Twenty-First Century

Once known for its cookies, camps and crafts, Girl Scouts is changing the way the community thinks of this legacy organization, starting with the renovation of Camp Sombrero in South Mountain.

In 2012, Girl Scouts–Arizona Cactus-Pine Council (GSACPC) launched the Campaign for Girls in Arizona, with the goal to bring the power of Girl Scouting to more girls throughout the state, especially in underserved communities.

Part of that plan involves transforming Camp Sombrero, GSACPC's 14.5 acre property, into The Leadership Center for Girls and Women. The camp sits at the base of South Mountain and has been utilized as a day camp for the last 60 years.

"This by far will be the largest project the Girl Scouts of Arizona has ever undertaken," said Patrick Edwards, Board Member of the Girl Scouts. "If you've looked at traditional Girl Scout camps in the past they've been simple, log-ish, camp-ish, outdoor-ish. This is going to have a more sophisticated flavor to it."

The Leadership Center will have meeting spaces for large and small group activities and trainings, classrooms for STEM and other focus area programs, a pool and sports field, and temperature-controlled cabins so girls can have year-around overnight camp experiences close to home. This property will become a vibrant center in the south Phoenix community.

Environmental stewardship is top-of-mind as construction begins on the Leadership Center. The exterior of the building will be made of 100 percent recycled material. Over the next few weeks, the existing native plants will be surveyed, pruned and trimmed. More than 177 trees and plants will be excavated and moved into large wooden containers. When the time is right, they will be reintroduced to their native environment.

The Leadership Center will also target middle and high school girls by holding summits and camps and bringing in successful women speakers in high leadership roles.

"I have been coming to Camp Sombrero with my troop since kindergarten. I've even earned archery and hiking patches here," says Michaelina Miller, a Girl Scout for 10 years. "But I am looking forward to coming here for more leadership opportunities."

The project is scheduled to be done by February 2017. GSACPC is currently recruiting girls and volunteers for the 2015/16 school year. Visit girlscoutsaz.org/join for more information.



Central City South Residents and Stakeholders - Everyone is invited

Community Action Team Meeting - CAT

"Fighting blight and crime together, connecting our community"

2014-2015 Remaining Calendar

August - No meeting/Summer vacation
September 10, 2015

Crime Updates Community Announcements Connect with Neighbors

The CAT meetings are open to and hosted by the many neighborhood associations, resident leaders and community stakeholders in Central City South (CCS).

Presentations and information are provided to keep the community aware of crime and blight issues and efforts, development projects, zoning variances, and liquor applications and resources that impact the neighborhoods of CCS.

No more than 3 presentations by groups are scheduled for a maximum of 5-7 minutes at each meeting.

Time is reserved for public announcements at the end of each meeting. Refreshments are served and we have a community table available.

**Together we work for positive
community change!**

Whose invited?

Neighborhood Associations
Tenant Councils
Block Watch Groups
Faith Based Groups
Businesses
Service Providers
Government Agencies/Departments
Any and all interested stakeholders

Host Site:

City of Phoenix HOPE VI
Emmett McLoughlin
Community Training and
Education Center
1150 S. 7th Avenue
(NW corner of 7th Avenue & Buckeye)
5:30-7:00 p.m.

Facilitated by:

Phoenix Revitalization Corporation
info@phxrevitalization.org
Office: (602) 253-6895



Other projects of the CAT:

Neighborhood Clean Ups
Community Connection Fair
G.A.I.N.

Mark Your Calendars! Get Connected!

ConnectFest at
Maricopa Skill Center
October 14, 2015
1 to 6 p.m.

WHAT'S PLANNED?

Ways for you to get connected to jobs, community resources and education.

Working better together to provide an Education that Works, so you Learn More, Live Better.



1245 E. Buckeye Rd | Phoenix, AZ | 85034
602-238-4350
MARICOPASKILLCENTER.COM



OPPORTUNITY



EDUCATION



JOB



Georgie Goode 1928-2015

"We will miss her voice, but her impact will endure"

"Georgie impacted generations of Phoenix families through her lifelong commitment to learning and education, activism for affordable housing and equal opportunity, access to quality and improved education, building strong neighborhoods and mentoring youth and young adults," the statement said.

"Georgie was a Phoenix treasure – an educator, school board leader, poet, author, activist, mother and grandmother who changed this community for the better in countless, immeasurable ways," Mayor Greg Stanton said in a statement. We will miss her voice, but her impact will endure."

Goode wrote four books on poetry, family and education, and was a longtime member of the Historic Tanner Chapel AME Church.

Source: [Sarah Jarvis, The Arizona Republic](#) | [azcentral.com](#) 8:02 p.m. MST June 15, 2015

Cancer Support Program

at Banner - University Medical
Center Phoenix



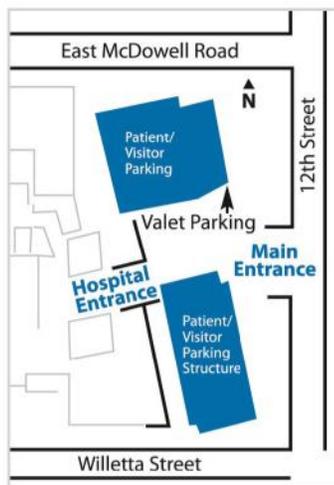
LUNCH AND LEARN: LUNG CANCER UPDATE

TUESDAY • AUGUST 4 • 12-1:00 PM

Rufus Mark, MD, Radiation Oncologist will discuss the latest treatment options for those diagnosed with lung cancer. Learn about detection of lung cancer, treatment through NCCN guidelines and navigating potential side effects. Michael Morris, MD, Radiologist discusses low-dose screening for lung cancer.

To Register:

Please call (602) 712-1006 or rsvp@cscaz.org



Program Location:



Banner
University Medical Center
Phoenix

1111 East McDowell Road
Phoenix, AZ 85006
Surgery Classroom
(First floor near Surgery Waiting
Room)
Parking validation available.



in partnership with:



SO THAT NO ONE FACES CANCER ALONE®

Healthy Neighborhoods

The Effects of Light Rail on Communities, Part I: Property Values

By Katelyn Parady, Volunteer Writer
ksparady@gmail.com

Light rail systems are taking off in many Western cities. These projects have been the topic of debate about economic costs and benefits and the effects on communities closest to the rails. In this new series, we'll explore these debates and find answers to your questions about light rail. Let PRC know what you want answered or send questions to ksparady@gmail.com.

Property Values

First up is some information about how light rail affects property values. Generally, studies show that being close to light rail stations increases property values.

A few years ago, researchers at ASU decided to investigate how the light rail has affected different kinds of property values in Phoenix, within two miles of the light rail and during all stages of development. Here's what they found:

- **Property values near the light rail rise progressively as projects move from the development stage through to construction and operation.**
- **Being near light rail stations has a positive impact on the value of single family homes. But, single-family home property values are affected negatively if the home is located within 200 feet of the track. This is considered a “nuisance effect.”**
- **The value of multi-family homes near the light rail increased during all phases of development, even for properties within 200 feet of the tracks.**
- **The value of commercial properties near the light rail increased. This is true even for properties within 200 feet of the tracks, except during construction, which can have a slight negative impact.**
- **Being close to light rail stations increases the value of vacant property.**

Tune in to the next CAT newsletter to read about how local businesses in Phoenix have fared during earlier expansions.

References

Aaron Golub, Subhrajit Guhathakurta, and Barath Sollapuram. 2012. “Spatial and Temporal Capitalization Effects of Light Rail in Phoenix: From Conception, Planning, and Construction to Operation.” *Journal of Planning Education and Research* 32(4): 415-429. DOI: 10.1177/0739456X12455523.



Primera Iglesia Metodista Unida ...

(First United Methodist Church) has been in existence for 122 years serving downtown Phoenix and the Central Park neighborhood. Through its affiliation with over sixteen million Methodists it has also blessed people around the world. Focused on the love of God as known through Jesus the Christ, United Methodists follow the way of Jesus in their everyday lives.

“Primera” itself has been in a few different locations. For the past 68 years, since 1947, it has been on the corner of 1st St. and Grant.

Rich Doerrer-Peacock is the new pastor of this old church that some of you have been aware of for a long time. It has been a pleasure for him to visit with some of you regarding the history of the church and the history of the neighborhood. Many thanks to Eva Olivas, Alexis Galaviz, and the Phoenix Revitalization Corporation for their assistance.



Currently, these are some of the words that people have used to describe “Primera”:

“Small but mighty, close-knit, historic, passionate to the cause, mostly English speaking, a place available to those in need, and rejuvenating.” In addition, “it reaches out, helps others, and gives back.”

It offers a worship service on Sundays from 10:30 to 11:30 a.m. and a food bank on Tuesdays between 9:00 a.m. and noon. It is the host site for a non-profit agency called Promise Arizona and is the showcase for another non-profit called Watershed Management Group. It offers special celebrations for children and families.

Primera looks forward to seeing what God has in store for its future and the future of the Central Park neighborhood.

For more information, the email address is primeraiglesiaphx@cox.net, the phone is [480-694-8186](tel:480-694-8186), and it is on Facebook. The church invites people to contact it for assistance, etc.



MONSOON SEASON IS HERE – ARE YOU PREPARED?

Last year, Arizona saw one of the toughest monsoon seasons in state history. Nine significant storms brought record rainfall (the average Arizona monsoon season will see 2.7 inches of rain; last summer, Arizona saw 6.3 inches of rain.)

“We can’t control Mother Nature, but we can control the level of customer service we provide our customers, and how quickly we deploy crews to restore power – while always keeping the safety of our employees, customers and first responders at the forefront of every decision we make.”

With this in mind, APS encourages its customers to follow these five tips to stay alert – and safe – when storms approach this summer:

Avoid touching wiring during a thunderstorm. Halt the use of computers or wired video games when a storm is approaching and unplug any expensive electronics. Only unplug electronics before a thunderstorm, do not touch wires if you can hear thunder.

Stay informed. Subscribe to lightning and severe weather notification services. Follow @apsFYI on Twitter from your smartphone. In the event of a prolonged large-scale outage, APS will use this channel to keep customers up to date.

Know the difference between a watch and a warning. A watch means severe weather has not occurred, but conditions are conducive. A warning means a severe weather event is about to occur or has been reported.

Plan ahead. A little preparation can go a long way when it comes to safety. Create an emergency supply kit that contains non-perishable food items, water, a first-aid kit, a battery-operated radio, flashlights, extra batteries and any necessary medication. Also, know your APS account number. This information enables customers to report an outage without speaking to a customer associate.

Stay away from all downed lines. Treat any downed line as though it is energized; keep at least 100 feet away. In the case of a downed line, immediately call 911, then APS.

In the event of a service interruption, power typically is restored within 90 minutes. For information about a specific outage or to report a service interruption, APS asks customers to call 1-855-OUTAGES.





FIRST THINGS FIRST

Birth to Five Helpline provides support to frazzled mother of three



Jessica and Joaquin Franchy during a parenting class at a local family resource center.

August is national Breastfeeding Awareness Month. Jessica Franchy of Phoenix had been breast feeding her youngest son for 18 months, just like she had for her older sons. But nursing had become a way for her to manage what she describes as her youngest son Joaquin's "famous tantrums."

"As a mother, I wish to do what's best for my children," Franchy said.

Nursing Joaquin until he fell asleep was the only thing that worked. This in turn disturbed his sleep cycle at night. He'd awake two to three times a night asking to be nursed. Franchy was exhausted and the harmony in the Franchy household was disrupted.

Franchy needed a solution that was best for her family so she called the Birth to Five Helpline, a free program funded by First Things First. The Helpline is open to all families with young children looking for the latest child development information from experts in the field.

Helpline Specialist Claudia Tsiaousopoulos affirmed the advice Franchy had received from her family and her internet searches. It was time to wean her son off breastmilk.

The mother approached this solution with mixed feelings. She felt guilty about weaning her son after successfully nursing his older brothers for longer.

"She was really trying to be there for her child, but she was tired because she wasn't able to sleep," said Tsiaousopoulos, who coached Franchy over the phone with a variety of strategies to transition Joaquin.

"We always want families to call so we can brainstorm other ideas that can work," Tsiaousopoulos said. "Some moms just need a little push to help them towards their goal. Now, Jessica feels free and confident rather than guilty and unsure."

Whenever Joaquin asked for milk, Franchy would give the toddler the choice between water and milk. If he chose milk, Joaquin could choose his own cup.

The helpline specialist also encouraged Franchy to spend time playing and reading with Joaquin to bond in other ways beyond breastfeeding.

Having someone on the other end of the line saying "You can do it!" made all the difference, Franchy said.

"I called the helpline every two weeks," Franchy said. "Claudia kept giving me ideas and I felt supported."

The consistent feeding routine and sleep schedule worked. Now Joaquin sleeps through the whole night. Joaquin seems more independent, happier and content. Mom feels energized, too.

"I can rest better and it helps me have more energy the next day," Franchy said.

With a newfound understanding of her son's emotional and physical development, Franchy applied their routine with her older boys.

"I think it's very good for the emotional health of my children," she said. "They feel stable and secure and that makes my husband and me very happy."

The Birth to Five Helpline is available at 1-877-705-KIDS (5437). Early childhood specialists are available Monday-Friday from 8 a.m. to 8 p.m.

Rachel Egboro is a Community Outreach Coordinator of First Things First. She can be reached at regboro@azfff.gov. To learn more about First Things First, visit FirstThingsFirstAZ.gov.



Grant Allows for Expansion, New Directions for Machining Programs

When Larry Geczy learned that Maricopa Skill Center (MSC) would receive part of the federal Trade Adjustment Assistance Community College and Career Training (TAACCCT) grant, he said he would have done a somersault if he were 20 years younger. Geczy, the lead instructor for Precision Machining at MSC, a division of GateWay Community College, is responsible for spending \$2.1 million of the federal money to upgrade the Center's Machining program. The money comes from the \$10 million federal job-training grant given in late 2014 to a local consortium lead by Central Arizona College.

Geczy has big plans to expand the reach of his program, including a new lab space that will open in fall 2015. "There is a critical skills shortage today," says Geczy. "We need to get more students in so we can train them as entry-level machinists and prepare them for the growing aerospace industry."

Geczy is ordering upgraded mills, lathes, and a nine-color 3D printer, just to name a few items. The new lab space expects to accommodate three shifts of students, running 18 hours a day. The grant will allow Geczy to hire another instructor as well as a lab technician, and new hires that also will enhance the curriculum.

Students can attest to the program's quality. "I guess I was made to be a machinist," says Reggie Williams, a recent MSC graduate. "As a kid, I always took things apart and put them back together. This program gave me a chance to learn different types of math, which was a challenge that I liked. I was supported every step of the way."

Geczy, who has been in the profession for more than 40 years, is passionate about his students' success and is quick to turn the spotlight away from himself. "Reggie is one of the students I almost lost to lack of interest," says Geczy. "I entered him into a team competition that they won, and that lit the fire under him. This career is going to set him up for a lifetime. Before he came to us, he was doing cold call telemarketing. I told him he could do something about it. He took off, and hasn't stopped since."

Diner 50



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Sundays: Closed

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Harmon Library

1325 South 5th Avenue - Phoenix, AZ 85003

August 2015 - September 2015
ALL PROGRAMS ARE FREE!

Harmon Library's 65th Anniversary Celebration!

Saturday, September 12, 12 - 2 pm.
A day of celebration for everyone!

CHILDREN:

Kids Café (18 & under)

Tue, Weds, Thurs @ 4:30 pm / Sat @ 2pm

This program from St. Mary's Food Bank serves afterschool meals to children 18 and under and is funded through the USDA Food and Nutrition Service.

S.M.A.R.T. Lab (Ages 5-11)

Tuesday & Thursday @ 4PM / Wednesday @ 2PM / Saturday @ 1PM

S.M.A.R.T. Lab incorporates Science, Technology, Engineering, Art, and Math (STEAM) with having fun. Build, create, or design with us. Each day is an adventure! Kids 5-11 years old, families welcome.

Family Storytime – Weekly (Ages birth to five with caregiver)

Tuesdays @ 5:15-6:00 PM

Children birth to five accompanied by a caregiver. Have fun sharing books, fingerplays, songs, flannel board stories, and more! Learn tips to build a foundation for reading including using interactive reading activities.

Lights! Camera! Action! Early Release Movie – Weekly

Wednesdays @ 3:00-4:30 PM

ADULTS:

Discover your Family History

August 8th, 10:00-1:00 PM, September 12, 10:00-1:00 PM

Need direction in researching your family background? The Black Family Genealogy & History Society is here to help. All are welcome to attend this monthly meeting where members share their research techniques, family stories, and experiences. ALL ethnicities are welcome.

The Black Family Genealogy & History Society (BFGHS) is a nonprofit organization since 1994 dedicated to researching and preserving the story of Arizona's African American heritage.

Harmon Library

1325 South 5th Avenue - Phoenix, AZ 85003

Agosto 2015 - Septiembre 2015
TODOS LOS PROGRAMAS SON GRATIS

Feliz Cumpleaños Biblioteca de Harmon Bienvenidos
a todo para celebrar nuestra 65th año,
al 12 de septiembre, 12 a 2 pm.

CHILDREN:

Kids Café (menores de 18 años)

ma, mi, ju @ 4:30 pm / sá @ 2pm

Un programa de St. Mary's Food Bank sirve comida a niños menores de 18 años. Esta fundada por USDA Food and Nutrition Service.

Lab Astuto

martes & jueves @ 4PM / miércoles @ 2PM / sábado @ 1PM

Lab Astuto incorpora de manera divertida la ciencia, la tecnología, la ingeniería, el arte, y la matemáticas. ¡Construye, crea, diseña con nosotros! ¡Cada día es una nueva aventura! Niños de 5 a 11 años de edad, familias son bienvenidas.

Hora de Cuentos para familias

martes @ 5:15-6:00 PM

ADULTS:

Programas para adultos solamente se ofrecen en Inglés en este momento. Lo sentimos por la inconveniencia.



Harmon Library's

65th Anniversary Celebration



Saturday, September 12, 2015

11:00 AM - 2:00 PM

1325 South 5th Street, Phoenix, AZ 85003

Phone:(602) 262-4636

Harmon - Meeting Room

Join us in celebrating 65 years of Harmon Library! Harmon has been an anchor in the community, providing services, programs and a place for people to gather for generations. City dignitaries will kick off the celebrations at 11:00 AM followed by fun activities for the whole family from noon – 2:00 PM. Come plant seeds or decorate your own book bag. Help us paint a mural. Browse for great items at a book sale benefitting Friends of Phoenix Public Library. Additional activities will be provided by Fathers Matter.