

# CENTRAL CITY SOUTH

A COMMUNITY FOR ALL AGES

UNA COMUNIDAD PARA TODAS LAS EDADES



**HAPPY  
HOLIDAYS**



## Table of Contents

1. Cover
2. Table of Contents
3. The Original La Canasta
4. Events: Grant Park Funn Fest, University Park Holiday Winderland, Grant Park Neighborhood Clean Up
5. Phoenix Downtown Youth Sports/ Silent Witness
6. Community Action Team - CAT
7. Arizona Science Festival
8. Coffelt-Lamoreaux Public Housing Redevelopment
9. Terros
10. PRC - Central City South “Hearts & History” Tours
11. Central City South Map
12. APS - Energy Support E-3 Program
13. Phoenix Sky Harbor Airport
14. Medicare
15. Diner 50
16. APS - Grant Park Remediation update

*Under the Americans with Disabilities Act, PRC must make a reasonable accommodation to allow a person with a disability to take part in a program, service or activity. For example, this means that if necessary, PRC must provide sign language interpreters for people who are deaf, a wheelchair accessible location, or enlarged print materials. It also means that PRC will take any other reasonable action that allows you to take part in and understand a program or activity, including making reasonable changes to an activity. If you believe that you will not be able to understand or take part in a program or activity because of your disability, please let us know of your disability needs in advance it at all possible. Please contact PRC at 602-253-6895.*

### BOARD OF DIRECTORS

**Kendra Lee**  
Arizona Public Service  
Chair

**Mara DeLuca Funke**  
Vice Chair

**Grace Salinas**  
Marcos de Niza Resident  
Member

**Luis Miranda**  
Local Business/Miranda Customs  
Member

**Julian Sodari**  
Grant Park Resident  
Member

*Community Advisory Member*

**Mike Kurtenbach**  
City of Phoenix  
Police Department  
Community Advisory Member

### STAFF

**Eva Ordóñez Olivas**  
Executive Director/CEO

**Jay O. Olivas**  
Director of Communications / Newsletter

**Rachel Johnson**  
Accountant/CPA

**E. Mari Herrera-Daniels**  
Director  
Programs / Community Affairs

**Julian Sodari III**  
Special Projects

**Raul Daniels**  
Business Outreach

**Sue Moyer**  
Special Projects

**Julia Duran**  
Admin / Program Assistant

# Happy Holidays from the “Original” La Canasta Mexican Food

In 1962 the original La Canasta Mexican Food restaurant opened for business under the management of the owners Richard and Carmen Abril, native Phoenicians. Today, Richard Abril Jr. has the responsibility of carrying forward the business. Richard stated that their primary business during the week comes from the local and downtown employees. He said the weekends are filled with local residents coming with their pots to get menudo or tamale masa.

When asked what has been the greatest reward for him in his role Richard Abril Jr. stated, “You know what has been the best thing, is being part of so many lives. We get 3<sup>rd</sup> and 4<sup>th</sup> generation families coming to us. I also feel very blessed to have my children be a part of our family business and carrying on the legacy of our work. We are committed to being supportive and an active member of the community of Central City South.

My holiday message is that I would like to thank our customers for their continued patronage and it has been a true honor to be part of something so great that effects people's lives. Happy and safe holidays to everyone from the original La Canasta.

## La Canasta Mexican Food

**602-254-7295**

**723 South. 7<sup>th</sup> Avenue**

Phoenix, AZ 85007

**Monday - Saturday:**

6AM–9PM

**Sunday:**

7AM - 7PM



# Grant Park Holiday Funn Fest

On Saturday, December 5, 2015 the Grant Park Holiday Funn Fest Committee held a holiday celebration giving away bikes, gifts and treats and holiday stockings to families in the area. Many volunteers joined Santa Claus to wish all well during the holiday season. Phoenix Revitalization Corporation and APS were happy to support this event for the community.



## University Park Winter Wonderland Event



On Saturday, December 5, 2015 the City of Phoenix Parks and Recreation Department held a holiday celebration for local families in the Capitol Mall area. Car Clubs brought their vehicles and gifts, the Capitol-Gateway Kiwanis served food and DJ Tranzo played music for all to enjoy. The Police Department came to celebrate with neighbors. Phoenix Revitalization Corporation was happy to support this event for the community.



## Grant Park Neighborhood Clean Up

Residents in the Grant Park area participated in a neighborhood clean up to beautify the community on Saturday, November 28, 2015. Partners included the Grant Park Fight Back Association, Phoenix Revitalization Corporation, City of Phoenix Neighborhood Services Department and APS as our sponsor.

A special thank you to Roberto Fritz of the City of Phoenix Neighborhood Services Department and the staff of the Public Works 27<sup>th</sup> Avenue Transfer Station who were amazing in servicing our residents on this date...our Saturday morning SUPER HEROES!





# DOWNTOWN YOUTH SPORTS WINTER SESSION

**REGISTRATION**  
November 14th, 2015 -  
January 4th, 2016

**Practices Start**  
Week of January 25th  
**Games Start**  
Week of February 1st

**Coronado Park, 1717 N. 12th St.**

**League Fee \$45.00**

**Itty Bitty Soccer**

**Ages: 3-5**

**Online Code 7843**

**University Park, 1002 W. Van Buren St.**

**League Fee \$45.00**

**Youth Soccer**

**Ages: 6-8**

**Online Code 7844**

**Youth Soccer**

**Ages: 9-12**

**Online Code 7845**

**Flag Football**

**Ages: 7-9**

**Online Code 7846**

**Flag Football**

**Ages: 10-12**

**Online Code 7847**

Must have a Recreation Card to participate.  
Fee \$5 Residential... Fee \$10 Non Residential  
Recreation Card Non Refundable

## VOLUNTEER COACHES NEEDED

**For more information call: (602)-262-6800 or visit us online at: [phoenix.gov/parks/phoenixplays](http://phoenix.gov/parks/phoenixplays)  
Register in person at University Park Recreation Center or online using codes listed above.**

The Phoenix Elementary School District neither endorses nor sponsors the organization or activity represented in this material. The distribution or display of this material is provided as a community service. The City of Phoenix does not carry accident insurance to cover participants. Involvement in any activity is done at the participant's own risk. The City of Phoenix prohibits discrimination on the basis of race, ethnicity, national origin, sex, religion, age, sexual orientation, or disability in its services, programs and activities. Anyone who believes he or she has been discriminated against may file a complaint with the City of Phoenix Equal Opportunity Department.



**Silent Witness** is a Metro Phoenix program designed to provide you with an anonymous means of providing police with information on non-drug felony crimes you have witnessed or may have knowledge of. If you provide information that leads to the arrest of a criminal or outstanding fugitive, you may be eligible for a cash reward of up to \$1000.00. Note that some unsolved crimes have reward amounts greater than \$1000.00, paid for by friends, family, or victim reward funds.

**To be eligible for cash rewards of up to \$1000.00,  
you must call to obtain a secret code!**

# Community Action Team Meeting - CAT

*"Fighting blight and crime together, connecting our community"*

Central City South Residents and Stakeholders - Everyone is invited

## Meeting Dates

**December (Holiday Break)  
January 14, 2016**

**Crime Updates  
Community Announcements  
Connect with Neighbors**

The CAT meetings are open to and hosted by the many neighborhood associations, resident leaders and community stakeholders in Central City South (CCS).

Presentations and information are provided to keep the community aware of crime and blight issues and efforts, development projects, zoning variances, and liquor applications and resources that impact the neighborhoods of CCS.

No more than 3 presentations by groups are scheduled for a maximum of 5-7 minutes at each meeting.

Time is reserved for public announcements at the end of each meeting. Refreshments are served and we have a community table available.

**Together we work for positive  
community change!**

## Whose invited?

Neighborhood Associations  
Tenant Councils  
Block Watch Groups  
Faith Based Groups  
Businesses  
Service Providers  
Government Agencies/Departments  
Any and all interested stakeholders

## Host Site:

City of Phoenix HOPE VI  
Emmett McLoughlin  
Community Training and  
Education Center  
1150 S. 7<sup>th</sup> Avenue  
(NW corner of 7<sup>th</sup> Avenue & Buckeye)  
5:30-7:00 p.m.

## Facilitated by:

Phoenix Revitalization Corporation  
e.mari@phxrevitalization.org  
Office: (602) 253-6895



## Other projects of the CAT:

Neighborhood Clean Ups  
Community Connection Fair  
G.A.I.N.

FIND EVENTS  
IN YOUR AREA:

# azscitechfest.org

ARIZONA  
**SCITECH**<sup>®</sup>  
festival  
FEBRUARY-MARCH

CELEBRATE ARIZONA  
SCIENCE AND  
TECHNOLOGY WONDERS



### Gold



### Platinum



### Presenting



### Silver



**Bronze:** PADT | KJZZ | KTAR – Arizona Sports | Yelp | Grand Canyon University | Arizona Parenting | Orbital ATK  
Arizona Virtual Academy - Insight Academy of Arizona | University of Advancing Technology | AZ Tech Beat  
Arizona Technology Council | APS | Arizona Central Credit Union

**Copper:** Event Interface | Bear Essential News | Phoenix Business Journal | Axosoft | Arizona State University

**Special Thanks to our Foundational Partners:** Arizona State University | University of Arizona  
Arizona Science Center | Arizona Technology Council Foundation | Arizona Board of Regents | Arizona Commerce Authority

# **Coffelt-Lamoreaux Public Housing Redevelopment Submitted to Federal Government for Final Approval Construction Set to Start in February**

While the development team continues to work with the U.S. Department of Housing & Urban Development (HUD) on the financial closing of the \$44 million revitalization of the Coffelt public housing development, much has been happening behind the scenes.

The Coffelt project has received several awards prior to construction start in recognition of the extensive planning and preparation continuing to ensure success not only of the building out of the project but for the various support services that will serve the Coffelt families. The awards have included the State of Arizona 2015 Brian Mikelsen Housing Hero award for Outstanding Affordable Housing Initiative, the Arizona NAHRO innovative affordable housing project and PRC Community Impact award.

To date, one of the important developments is the City of Phoenix's funding of a HAWK crossing at 19<sup>th</sup> Ave and Pima to ensure safety of residents and especially children while crossing at that particular location to participate in various neighborhood activities. Construction is scheduled soon.

The Housing Authority of Maricopa County (HAMC) has been busy finalizing the Memorandum of Understanding for the after school programs for the kids at Coffelt. Kids at Coffelt will not miss out on any of the great programming that the City of Phoenix Parks and Recreation has to offer throughout construction, the school year and the summer.

HAMC is also working together with Hamilton School and Valle del Sol, a local behavioral health nonprofit, to offer unprecedented primary care and behavioral health services to the families at Coffelt, including the students attending Hamilton school. In addition to their routine services, Valle del Sol will further support the Health Impact Assessment recommendations suggested by Coffelt residents, including access to healthy food and healthy physical activities.

HAMC has recently asked for proposals from local artists to install art pieces throughout the Coffelt project area that will represent the history and culture of the community and include the recycling of materials in the creating of the art pieces. Gorman & Company, Inc., the project's developer, is joining forces with other Coffelt stakeholders to help Hamilton School provide 100 families with Christmas dinner.

Stay tuned for resident and stakeholder meetings to be held prior to the start of construction scheduled for February, 2016.

LOOKING FOR HEALTH INSURANCE?

# It's open enrollment and we can help!

**You are invited to join us at our upcoming health fairs:**

**Dec. 1st 4-7 PM**

27th Avenue Clinic (3864 N. 27th Ave.)

**Dec. 4th 3-6 PM**

Glendale Clinic (6153 W. Olive Ave.)



Healthy snacks



Health checks



Free Flu Shots



Free HIV Testing



Insurance companies and health care center navigators  
(Available to help you switch plans and answer any questions)



Information session about how to manage the Health  
Insurance Marketplace

**Visit [coveraz.org](http://coveraz.org)  
to schedule your appointment at this event.**

# CENTRAL CITY SOUTH

## “HEARTS & HISTORY”

### COMMUNITY TOURS

Join us to learn about the rich history of the Central City South (CCS) community. In the residents' Quality of Life Plan, a strategy was identified to preserve and tell the story of our neighborhoods.



**Monday - December 21, 2015**

**Emmett McCoughlin Training & Education Center  
1150 South 7th Avenue - Phoenix, AZ**

**Tour #1: 10:30AM - 12:00PM**

(Complimentary lunch 11:30a-noon / limit 20)

**Tour #2: 11:30AM - 1:00PM**

(Complimentary lunch 11:30-noon / limit 20)

**Pre-registration required:** [www.phxrevitalization.org](http://www.phxrevitalization.org)

Opens December 10, 2015 / Space is limited - Dress comfortable

**For more information please contact:**

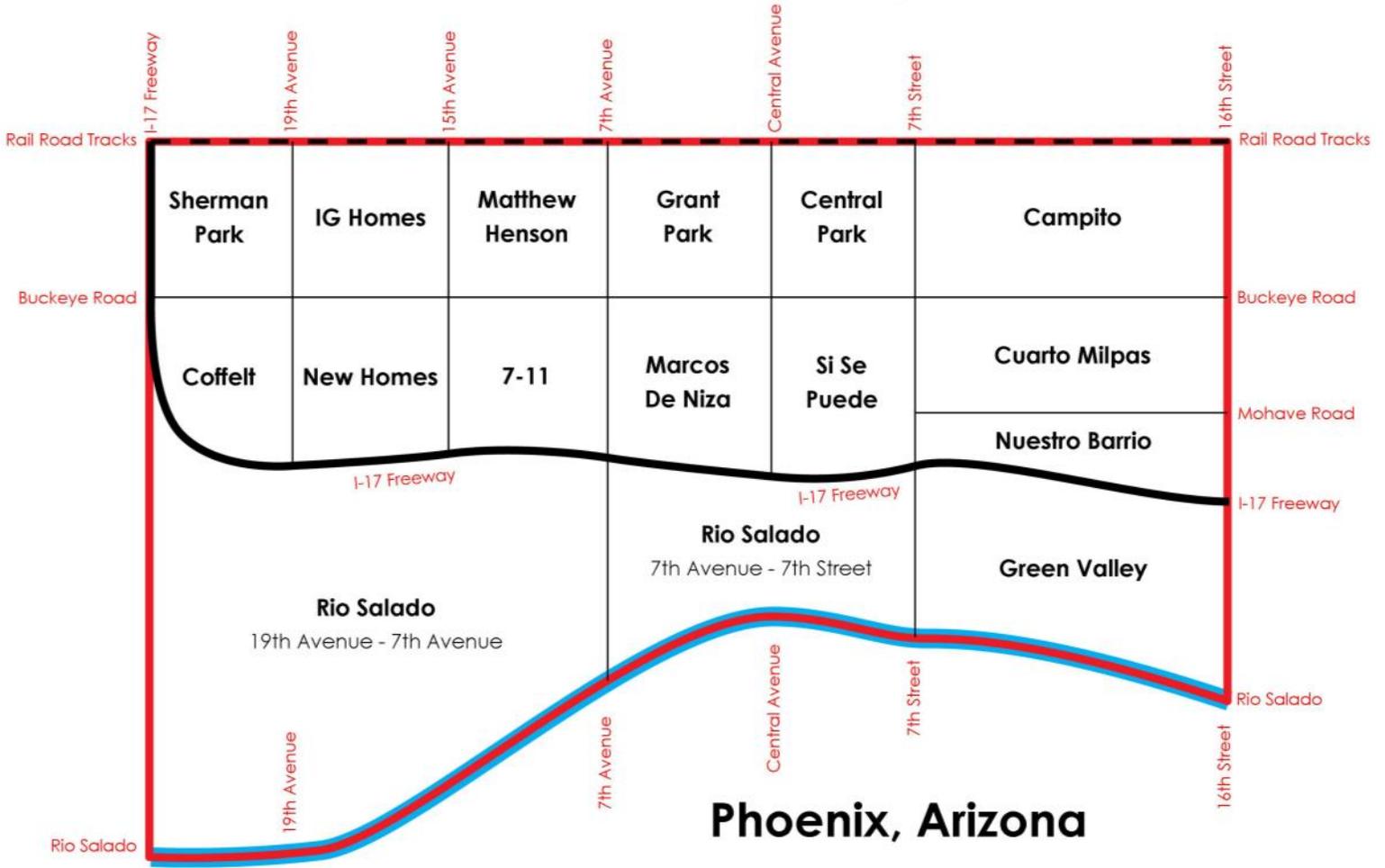
[info@phxrevitalization.org](mailto:info@phxrevitalization.org) / (602) 253-6895



Supported by:



# Central City South Neighborhoods



Phoenix, Arizona

## ACTIVE Neighborhood Associations

- Central Park Neighborhood Association
- Grant Park Fight Back
- I. G. Homes Fight Back
- Sherman Park Neighborhood Association
- New Homes Neighborhood Association

**CENTRAL CITY SOUTH**  
A COMMUNITY FOR ALL AGES  
UNA COMUNIDAD PARA TODAS LAS EDADES

**INTERESTED IN FORMING A GROUP? We Will Help!**

**Phoenix Revitalization Corporation**  
Office: (602) 253-6895  
info@phxrevitalization.org  
www.phxrevitalization.org

**PRC**   
Phoenix Revitalization Corporation

\*Sign up for our E-blasts to receive notice of the Community Tours of Central City South on [www.phxrevitalization.org](http://www.phxrevitalization.org)

# Martin Luther King, Jr. Day - Monday, January 18, 2016

Martin Luther King, Jr. was a leader of civil rights to end segregation in the United States. He advocated a non-violent approach. He is famous for his speech, "I Have A Dream." He was assassinated in 1968. His holiday was first influenced by labor unions. It became law by 1983 after musician Stevie Wonder released a "Happy Birthday" single in 1980 to spread the campaign and hosted in 1981 the Rally for Peace Press Conference. Signatures of six million Americans were collected to petition Congress to pass the law .



## We are here to help

We know many Arizona families are working hard and making tough choices to make ends meet. But no one should have to decide between putting food on the table and keeping the lights on. With our Energy Support E-3 program, limited income families can save up to 65 percent on their monthly energy bill. For more information, please visit [aps.com/e3](http://aps.com/e3).



Program funded by APS customers and approved by the Arizona Corporation Commission.

# Phoenix Sky Harbor International Airport

strives to make traveling a positive experience and offers the following services and travel tips.

**Need motorist assistance?** If you forgot where you parked your car, find your vehicle has a flat tire, or have some other minor emergency, you're in luck at America's Friendliest Airport®. Just look for a blue parking Assistance Call Box located in airport parking lots and garages and call its 24-hour parking hotline at (602) 273-4545.

**Use our Cell Phone Waiting Lots.** Phoenix Sky Harbor has three, free 24-hour Cell Phone Waiting Lots for you to wait for your party while they deplane, pick up luggage and walk to the curb. The lots are located east of Terminal 4, west of Terminal 2, and south of the 44<sup>th</sup> Street and Washington PHX Sky Train® Station. In fact, the lot at the 44<sup>th</sup> Street Station is our best kept secret. Drop off at the 44<sup>th</sup> Street PHX Sky Train® Station to avoid driving into the airport. The station offers a quick ride to the terminals, the ability to print your boarding pass, and Early Bag Check for participating airlines.

**Other Tips.** Also remember as you are traveling to check your flight status with your airline before coming to the airport and to give yourself enough time. Arrive at least two hours prior for domestic flights and three hours prior for international travel. For additional tips and information, visit [skyharbor.com](http://skyharbor.com)



# Medicare: Three Parts - Part A

By David Parra, Associate State Director - AARP Arizona

Medicare coverage consists of hospital insurance (Part A), medical insurance (Part B) and prescription drug insurance (Part D).

This article will address Part A coverage, including hospital care, skilled nursing facility care, home health care, and hospice.

## Hospital Care

Hospital care includes a semi-private room, meals, nursing, prescription drugs (if part of the inpatient treatment), and other services and supplies. This care can also be received in facilities other than hospitals.

For Part A to cover the aforementioned care, patients must be formally admitted to the hospital with a doctor's order, and not just be temporarily in the hospital under observation.

## Skilled Nursing Facility (SNF) Care

Part A also covers skilled nursing facility care, which refers to nursing and/or rehabilitation services offered at a skilled nursing facility certified by Medicare.

This care mainly includes, but is not limited to, a semi-private room, meals, skilled nursing care, physical and occupational therapy, speech-language pathology services, medical social services, medications, medical supplies and equipment used in the facility, some ambulance transportation, and dietary counseling.

To qualify for skilled nursing facility care, the patient must have a qualifying hospital stay, which means that he or she has to have been in the hospital in an inpatient status for at least 3 days (keep in mind that the day of discharge does not count as an inpatient day).

Additionally, the doctor has to decide that the patient needs skilled care as a result of a hospital-related medical condition.

## Home Health Care

Home health care refers to services ordered by a doctor and coordinated through a Medicare-certified Home Health Care Agency.

These services include periodic skilled nursing care, physical therapy, speech-language pathology services, continued occupational services, and others. Home health services may also include medical social services, part-time or intermittent home health aide services, medical supplies for use at home, and durable medical equipment.

To receive these services, Medicare beneficiaries must be under the care of a doctor and be getting services under a plan of care established and reviewed regularly by a doctor. The doctor must certify that the patient needs home health care. Services must be concrete and reasonable in terms of amount and frequency.

Patients must be homebound, and a doctor must certify that they are (patients may leave home for medical treatment or short, infrequent absences for non-medical reasons, like attending religious services and adult day care).

## Hospice

Hospice is end of life care usually offered at home (in some cases it can also be offered in Medicare-approved institutions). The patient's doctor works with a hospice team to develop a plan of care to help the patient and family cope with the terminal illness and related conditions.

Care may include doctor services, nursing care, medical equipment (like wheelchairs or walkers), medical supplies (like bandages and catheters), comfort-care medications, hospice aide and homemaker services, physical and occupational therapy, speech-language pathology services, social work services, dietary counseling, grief and loss counseling, short-term inpatient care (for pain and symptom management), and short term respite care.

For Part A to cover hospice services, the doctor must certify that the patient is terminally ill and is expected to have six months or less to live.

Patients sign a document to confirm that they accept care for comfort instead of care to cure the illness. Hospice care can be offered for longer periods but requires the hospice medical director or hospice doctor to recertify that the patient continues to be terminally ill.

Hospice care is offered in benefit periods – two 90-day benefit periods, followed by an unlimited number of 60-day benefit periods. Patients are allowed to change providers once during each benefit period.

Patients reserve the right to stop hospice care at any time and for any reason (i.e. their health improves or illness goes into remission). If they do, they would return to the Medicare coverage they had before choosing hospice care. If eligible, they can return to hospice care at any time.

## Resources

For more information, visit [www.medicare.gov](http://www.medicare.gov) or call 1-800-MEDICARE (1-800-633-4227). You can also find information on this issue at [www.aarp.org/medicareQA](http://www.aarp.org/medicareQA).

# Diner 50



*Hands Down the Best Breakfast in Town!!!*

Diner50 is a totally cool 50's Retro Restaurant. You will love everything about us. The friendly service, music, antiques and overall, THE FOOD! We run a daily breakfast special of 2.99 with fresh eggs, hash browns or home fries and warm buttered toast.

## The Charlen Café / Diner 50

**1002 South 19th Ave. - Phoenix, AZ 85009**  
**(602) 262-9916**



**Mondays - Fridays: 6:30AM - 3:00PM**  
**Saturdays: 7:00AM - 2:00PM**  
**Sundays: Closed**

*Meeting Room Space Available for Breakfast*

Dear Neighbor:

December 2015

APS has begun an environmental investigation of property located at 331 W. Grant Street in Phoenix. The work involves preparing buildings, which were once known as Grant Park Apartments, for demolition in January. The apartments have been vacant for several months as APS worked through the process to obtain necessary permits.

While you may see an increase in activity in the area, all materials from the Grant Street property will be removed by trucks travelling west along Lincoln Street then south on Seventh Avenue. No materials will be transported through residential areas.

The structures must be removed so that the site eventually can be remediated as part of the Arizona Department of Environmental Quality Voluntary Remediation Program. More information about the remediation will be made available after the current environmental investigation and site demolition work is completed.

In the meantime, please direct questions and inquiries to:

Judy Heywood, APS (602) 250-3850

Nicole Osuch, ADEQ (602) 771-4847

Estimado vecino:

Diciembre de 2015

APS ha iniciado una investigación ambiental en la propiedad localizada en 331 W. Grant Street en Phoenix. Los trabajos involucran la preparación de edificios, -los cuales alguna vez albergaron el complejo habitacional conocido como Grant Park Apartments-, para su demolición en enero. Los departamentos han estado vacantes durante varios meses mientras APS realizaba los trámites para obtener los permisos necesarios.

Aunque vea un aumento de actividad en el área, todos los materiales de la propiedad de Grant Street serán retirados en camiones que viajarán hacia el oeste sobre Lincoln Street y después hacia el sur sobre Seventh Avenue. Ningún material será transportado a través de zonas residenciales.

Las estructuras deben retirarse de modo que, al final, el sitio quede limpio como parte del Programa de Descontaminación Voluntaria del Departamento de Calidad Ambiental de Arizona (ADEQ). Le proporcionaremos más información sobre este proceso de descontaminación una vez que la actual investigación ambiental y los trabajos de demolición hayan concluido.

Mientras tanto, dirija por favor sus preguntas a:

Judy Heywood, APS (602) 250-3850

Nicole Osuch, ADEQ (602) 771-4847